



PERSONAL ATTRIBUTES WORKSHEET

Below is a list of personal attributes. Identify those attributes which most describe you by circling them.

Active	Dedicated	Idealistic	Positive
Analytical	Detailed	Imaginative	Practical
Approachable	Direct	Impulsive	Productive
Articulate	Disciplined	Independent	Proficient
Artistic	Down-To-Earth	Intelligent	Prudent
Assertive	Dynamic	Inventive	Pessimist
Accepting	Energetic	Innovative	Proud
Adventurous	Enthusiastic	Insightful	Quiet
Aggressive	Easy-Going	Intuitive	Quick-Thinking
Ambitious	Effective	Judgmental	Resourceful
Bold	Empathic	Kind	Respectful
Brave	Ethical	Knowledgeable	Responsible
Carefree	Expressive	Logical	Realistic
Caring	Extroverted	Loving	Reliable
Cautious	Faithful	Loyal	Resilient
Clever	Friendly	Mature	Risk-Taker
Cheerful	Fun-Loving	Methodical	Selfish
Competitive	Funny	Meticulous	Serious
Considerate	Fair-Minded	Modest	Shy
Courageous	Firm	Motivated	Silly
Courteous	Flexible	Naive	Stubborn
Creative	Focused	Observant	Studious
Curious	Frugal	Organized	Supportive
Cheerful	Generous	Optimistic	Self-Confident
Committed	Gentle	Objective	Self-Controlled
Compassionate	Genuine	Orderly	Self-Reliant
Confident	Good Listener	Outgoing	Sensitive

Conscientious	Good-Natured	Patient	Sincere
Cooperative	Gregarious	Perceptive	Sociable
Demanding	Happy	Persistent	Thoughtful
Dependable	Hardworking	Personable	Tolerant
Determined	Helpful	Persuasive	Timid
Diplomatic	Honest	Poised	Understanding
Dramatic	Humble	Polite	Unselfish
Decisive	Industrious	Principled	Versatile

List the 10 top attributes from above that best describe you.

List the five attributes that others most would use to describe you:

List three attributes that you wish you had more of:
